

10:30AM

FROM BUMP TO BREAST: CONFIDENT FEEDING STARTS NOW

Presented By

Melanie Henstrom

Melanie Henstrom Lactation and Craniosacral Therapy



12:00PM

THE BENEFITS OF DOULAS

Presented By

Heather Norris Treasure Valley Doulas



1:30PM

5 STEPS TO GETTING YOUR BABY TO SLEEP THROUGH THE NIGHT

Presented By

Natalie Shellworth

Natalie Shellworth Sleep Consultant







