



Sponsored By **Humana.**

*Free Admission!*



**OCTOBER 8 | 9AM - 3PM | EXPO IDAHO**

**Seminar Schedule**

**10:00AM - Medicare 101**

*Humana*

**11:00AM - Get the Most From Your Travel Experience**

*Your Wellness Experience*

**12:00PM - Elder Abuse and Exploitation - How to Avoid Being a Victim**

*TrESCo of Idaho*

**1:00PM - Buying Income Properties In Your Self-Directed IRA, Tax-Deferred & Tax-Free**

*Mountain West IRA*

**2:00PM - Medicare 101**

*Walberg Consulting Group - Foster Point Financial*

**Enrichment Classes**

**9:30AM - Let's Twist!**

*Fred Astaire*

**10:30AM - Shall We Dance**

*Fred Astaire*

**11:30AM - HIIT Class for Seniors**

*C2R Fitness*

**12:30PM - Partner and Line Dancing**

*R2L2 Dance*

**1:30PM - Let's Twist!**

*Fred Astaire*

**2:30PM - Shall We Dance**

*Fred Astaire*

***Thank You Sponsors***

