



Sponsored By **Humana.**



**NOVEMBER 13 | 10AM - 4PM | EXPO IDAHO**

## **Seminar Schedule**

### **11:00AM - Let's Talk Travel 2022**

*Kim Lewis, Your Travel Moments*

### **12:00PM - How to Ensure a Healthy Brain For The Rest of Your Life**

*Eric Collett, A Mind For All Seasons*

### **1:00PM - Social Security 101**

*Peggy L. Farnworth, CPA, CFP  
Boise Retirement Coach*

### **2:00PM - Estate Planning in the New Normal**

*Tricia Daigle, Daigle Law Office*

### **3:00PM - Pitfalls and Practical Pointers in Estate Planning**

*Paul Seideman, TrESCo of Idaho*

## **Enrichment Class**

### **11:00AM - Tai Chi and Qigong**

*Shinjimasu Academy of  
Martial Arts of Idaho*

### **2:00PM - Tai Chi and Qigong**

*Shinjimasu Academy of  
Martial Arts of Idaho*



**Thank You Seminar Sponsor**



**Get Your FREE Pass at [www.IdahoBabyBoomer.com](http://www.IdahoBabyBoomer.com)**